



# | Core Services

## Youth S.P.O.Ts

The objective of the Federation's 22 Youth S.P.O.Ts (Spaces for Participation, Opportunities and Training) is to foster the holistic development of young people under the age of 35. The S.P.O.Ts provide a wide range of learning opportunities, services and challenging experiences, with special focus on: Social Exposure and Development, Strengthening Classroom Learning, Extending Educational Opportunities, and Connecting Young People.

This year, owing to the pandemic and people needing to keep social distancing, many face-to-face programmes and events in the Youth S.P.O.Ts were directly affected. However, services were provided and as much as possible, many programmes were converted to go online. By the end of March 2020, the Youth S.P.O.Ts had a total of 408,676 members, with a total attendance of 2,790,693 and 18,756 programmes were organised.

The following are the highlights of the year:



### Social Exposure and Development

Social Exposure and Development helps young people widen their perspectives and horizons through training, presentations and community participation on a range of issues. Over the last year, there was a total attendance of 384,758.

#### NEIGHBOURHOOD First: We Care, We Share

During the pandemic, Youth S.P.O.Ts organised the "NEIGHBOURHOOD First: We Care, We Share" programme. This saw the protective supplies being collected from neighbours and then re-distributed to those in need in all the districts of Hong Kong. With support and donations from individuals, organisations and businesses, nearly 300,000 face masks, 30,000 hand sanitizers and 8,000 sanitizing kits were collected. Volunteers, including donors, community leaders and youth members, visited over 40,000 families and the elderly to deliver the supplies, which helped alleviate their stress and resolved difficulties during the critical period.

#### NEIGHBOURHOOD First: Handmaking Master

During the early stage of the pandemic, there was a serious shortage of anti-epidemic supplies. The NEIGHBOURHOOD First youth volunteers initiated a meaningful project, "Handmaking Master". This was a DIY project which produced various anti-epidemic products, such as cloth masks, aromatherapy bags, face mask covers, mask buckles and hand sanitizers for the needy in the community. Youth volunteers also took part in a TV programme to share their ideas and DIY products. Through this project, they were empowered to take the lead in caring and immediately responding to the needs of the most vulnerable.

### Call 4 Care

In order to help the needy cope with the difficulties due to the pandemic, thousands of people were called on the telephone or through social media. This allowed the volunteers to understand current difficulties and predicaments of individuals and families. With support from the Hong Kong Jockey Club COVID-19 Emergency Fund, the Call 4 Care project helped the families and elderly resolve their difficulties. A total of 2,000 packages with anti-epidemic products were distributed to low-income families/singletons. Also prepared were a total of 400 sets of caring packs for needy households who lived in Tin Shui Wai and Kwun Tong Districts. Each pack included groceries and cleaning products.

A theme song, "Shine in Adversity", which was composed by the youth, five video clips of making handcrafts, E-cards and WhatsApp stickers with encouraging wordings were posted on websites, YouTube and Facebook to further disseminate the positive messages.

### Strengthening Classroom Learning

During the year, a series of learning support services were provided by the Youth S.P.O.Ts to help young people improve their ability and confidence in learning. The total attendance to all services of Strengthening Classroom Learning was 196,682.

#### NEIGHBOURHOOD First: Young Volunteer Teachers

During the school suspensions, 21 Youth S.P.O.Ts organised "NEIGHBOURHOOD First: Young Volunteer Teachers" to support the young people in learning. Over 100 youth volunteers conducted online interactive learning sessions for 200 children. Online tools for motivating children's self-learning, including English learning mobile apps and AR learning cards were also specially created. In addition to guiding children's studies, the youth volunteers also showed care and support for the children's families.







**NEIGHBOURHOOD First - DSE Students Support Scheme**

2020 was a harsh and stressful year for DSE candidates and the Youth S.P.O.Ts made sure that the students were shown support and care. Masks and DIY anti-epidemic care packs were handed out, and social workers gave students a ring on the phone. These calls not only provided information or career guidance and pathways for further studies, but also provided emotional support.

**Extending Educational Opportunities**

“UP to learn • Learn to UP”. With progressive, adaptive, connective and extending learning, various courses including languages, arts, STEM, cookery, music and sports were organised. The attendance of last year was 430,709.

**Future Skills in Youth S.P.O.Ts**

Developing future skills is one of the working foci in Youth S.P.O.Ts this year. The “Smart City Future Skills Development” project and the “Goodgo Creator” project facilitated future skills incubation projects. More than 200 youth volunteered in tech-infused programmes to serve community needs, including an AI unmanned store, a smart kitchen, an AR escape room, smart home devices for the elderly and smart sports entertainment projects. More than 5,000 beneficiaries were served.

**The Online Teaching Talent Contest**

Because of the suspension of schools and disruption to classroom learning, Youth S.P.O.Ts, together with the Membership and Volunteer Unit and Jockey Club Media 21, launched a new initiative, The Online Teaching Talent Contest. Ten young finalists with different expertise were offered training and selected to become a “Star-rated Online Tutor” according to their live broadcast teaching. Winners received cash prizes as well as the chance of co-organising professional courses with the Federation.

**Connecting Young People**

Youth S.P.O.Ts engaged young people through a combination of creative events and activities, including sports, music and art. More than 335,699 people attended throughout the year.

**Arts in S.P.O.Ts**

Youth S.P.O.Ts organised many art programmes to explore the culture and distinguishing features in the different districts; to learn various art forms; and to inject colour and positive energy to the community through co-creating art pieces. In addition, young buskers were engaged to show their support to DSE students and the wider community during the pandemic by their online music concerts. These activities provided young people with additional skill sets and helped them develop a positive outlook to the future no matter what the current circumstances.





### Sports in S.P.O.Ts

Before the pandemic, the 7<sup>th</sup> HKFYG Cup Five-a-side Football Match was held, engaging 48 teams and 600 players. Over 120 young people from Wong Tai Sin, Tsuen Wan, Tseung Kwan O and Sha Tin joined the special football skills clinic before the matches.

A new social service concept was introduced this year. "Plogging Together" was launched to arouse young people's attention to environmental protection when they go hiking. They were encouraged to help clear mountain trails and promote the idea of "leave without trace" to their peers.

As many mega sports events were held in Hong Kong, the Federation engaged young people to help as volunteers. This year, before the pandemic, over 40 young people helped in the UCI Track Cycling World Cup Hong Kong Station.

### Wellness in S.P.O.Ts

Given the different challenges young people are facing, including physical and psychological stress, wellness was a key part of this year's focus and a wellness centre for youth aged from 12 to 24 was launched in Lung Hang Youth S.P.O.T. in June. The aim is to provide young people with a stigma-free, youth-specific and youth friendly wellness environment to recharge, reboot and recover. Various kinds of wellness activities were implemented to enhance youth's cognitive resources, personal strengths and well-being. Support and early intervention were rendered to youth with early signs of distress.

### Other Significant Activities

#### NEIGHBOUR-Food Delivery

The "NEIGHBOURHOOD First Project" provided immediate responses to fulfil community needs after the government restricted dining out. The introduction of the "NEIGHBOUR-Food Delivery" crowd funding project saw 400 youth volunteers mobilised to make telephone or video calls to assess the needs of elderly and show their concern. Food packages were delivered to over 700 elderly beneficiaries every week for a month.





## M21 Multimedia Services

**Media 21 (M21) is a multimedia hub that provides extensive media support and education with three core missions:**



### To Nurture

#### Media Academy

The Media Academy runs holistic media courses including training for campus TV, news reporting, dubbing and micro-film production. Career related experiences are provided, demonstrating the rapid development of the media industry. Participants are given the opportunity to experience the technical workings of newsrooms, radio stations and drama studios. Customised trainings are also offered on campuses with media experts, news practitioners and movie directors.

#### M21 KOL Nurturing Scheme

The scheme selects young people who are passionate in content creation and media production. All-round trainings are provided, from creative writing to post-production, as well as strategic social media publishing. Participants are given opportunities to perform on M21 social media and contribute in other video productions.

#### Summer School 2019 – Skills for Tomorrow

Over ten days, participants learn about the latest technologies and how to effectively transform ideas to an end product. By applying the skills of communication, creativity and technologies, they can see how media can drive society.

### To Engage

#### Bandwidth Support for E-learning at Home Scheme

With support from The Hong Kong Jockey Club and local mobile carriers, M21 has worked to facilitate access to online learning for students who do not have broadband. With funding support and through multi-sectoral collaboration, the Scheme offered free mobile SIM cards with data plans and online video conferencing tools to over 100,000 underprivileged primary and secondary school students, and over 15,000 teachers.





### Social Engagement with Youth

M21 has been responding to the changing environment and creating quality online content for youth, especially during the school suspension period. The total reach of the platform was over one million last year, indicating the increase of online engagement.

### Healthy Comic Strip Contest 2019-20

Organised by the Office for Film, Newspaper and Article Administration and co-organised by M21, the purpose was to enhance the public's understanding of the "Control of Obscene and Indecent Articles Ordinance" and to encourage youngsters to stay away from obscene and indecent materials and violent electronic games through comic drawing. There were 49 workshops held with more than 600 applications submitted.

### Hong Kong Reading and Creative Writing Competition 2019-20

The programme aimed at enhancing students' interest in reading by helping them develop good reading habits through reading activities, creative writing competitions and online interactive workshops, and more than 50 youths joined the programme this year.





### Skills for Tomorrow Expo 2020

As new technologies emerge, it is important for young people to keep abreast of the changes. The Skills for Tomorrow Expo featured six skills needed for the future. These were related to enhancing digital skills; innovation and problem solving; life planning; communication and cooperation; wellness management and resilience and crisis management. The Expo attracted more than a hundred online participants.

The M21 Youth Production Team is formed by over 700 young people and has been actively participating in current programmes and utilising knowledge in media production. The Team used the one stop multimedia production platform, with ten broadcasting channels, producing programmes on social affairs, campus life, environment and lifestyle.





### To Broadcast

#### Telekids@OpenTV

"Telekids" is a regular children's programme produced by M21, broadcast from Monday to Sunday on OpenTV. The shows feature a range of academic and extra-curriculum related topics, including STEM, environmental protection and liberal education. The show is also hosted by young people.

#### Positive Education Series – Wise Choices

"Wise Choices" is a TV Programme composed of ten episodes, which broadcast on myTV Super. The programme served to promote positive education and also positive values.

#### Never Stop Learning Series

In response to the school suspension because of the pandemic, M21 developed a series of video programmes, especially, "Never Stop Learning Series", to engage youth online. Four video programmes include: "Keep Moving" - to encourage youth to form a healthy lifestyle; "Bad-time Story" - to enhance youth's resilience; "Media Master Class" - to cultivate media literacy and "KOL Live" - a live chat-programme hosted by young KOLs trained in M21, to offer a relaxing platform for youth to share their recent life experiences.

## Employment Services

The Federation set up the Youth Employment Network and the Social Innovation and Youth Business Unit to enhance the employability of young people, as well as providing incubation programmes and business support services.

The Youth Employment Network (YEN), established in 2003, has acted as a bridge for youth to smoothen the transition from school to work.

Over the past year, in view of the protests and pandemic, young people faced greater than normal difficulties in seeking jobs. YEN was able to provide them with diversified support, together with the effort from government departments, the private sector and other NGOs, including up-skills training, pre-employment preparation and job creation.



### Support Services

In the midst of the pandemic, the unemployment rate hit a 15 year high, while the number of job vacancies dropped dramatically. **“U-Direct”** employment support services, launched for fresh graduates, ensured that social workers were able to provide instant employment consultations and emotional support through online instant messaging platforms.



**“Combat COVID-19”**, a project supported by the Simon K.Y. Lee Foundation, provided unemployed youth with subsidies as they distributed hygiene products, including masks and hand sanitizers, to disadvantaged groups. Over 3,200 households were served this year.

YEN conducted an online survey on the government’s **“Employment Support Scheme”** in May 2020. Of the 530 young respondents, more than 60% were worried about their careers and looked to the government for creating more job vacancies to enhance their employment opportunities.







### Career Exploration and Life Planning

**Discover@Jobtationary**, an online platform launched last year, provided teachers, students and parents with comprehensive information on career and further studies. It was opened for free during class suspensions and had 140 secondary schools register, to promote, “Suspending Classes without Suspending Learning”.

The **Life Banking Project** targeted senior secondary school students and focused on school to work transition. This past year, 14,844 students from 63 secondary schools participated in a series of activities, workshops and seminars. YEN offered individual assessments and counselling to 103 secondary school students from five partner schools. During class suspensions, other programmes like online parents' talks and mock interview workshops were provided to meet immediate needs.

**Guide of Dream**, sponsored by the Youth Development Committee, served about 100 secondary school students and parents from six partner schools sharing life-planning workshops.

YEN cooperated with the Investor and Financial Education Council to organise different financial educational activities, such as workshops and talks. **Savvy Planner** workshops were delivered to five organisations, and a new financial “Edutainment” board game, combining financial education with entertainment, was introduced. 150 young working adults enjoyed the interactive workshops equipping them with better financial management knowledge and skills.

**Project Bridge**, provided one-stop support services for unemployed young people and secondary school students with special educational needs. So far, 105 students and 62 young people participated in the programme last year.

## Employability Enhancement

Although both employers and young employees encountered difficulties because of the challenges this year, YEN played an active role in helping young people to enhance employability. Continuous support was still available through online programmes and phone interviews even under the constraints of social distancing.

Being one of the training bodies of the Labour Department's **Youth Employment Training Programme**, YEN provided career counselling services and employment support to 180 unemployed young people this year.

**Project Setup**, supported by JPMorgan Chase Foundation and the Labour Department's Youth Employment and Training Programme, provided innovative six-month management training for Associate Degree or Higher Diploma holders, in order to enhance employability and job opportunities in startups. Last year, 37 young people were employed by startups.

**Project Update**, another programme supported by JPMorgan Chase Foundation, targeted sub-degree holders aged between 19 and 29 by providing 100 hours of Skills Update Training and practicums from the information technology, marketing and design industries.

In collaboration with the Airport Authority Hong Kong, YEN is a partner of the EXTRA MILE project, which is a community investment project of Hong Kong International Airport. **Working Holiday@Lantau** is a one-year work placement programme that includes exploratory programmes and provides free accommodation and learning subsidies to help participants. This year, there were 20 participants.

The **Hang Seng GPS Youth Employment Programme** was launched this year. This is the first youth employment project in Hong Kong to make use of the "Gap Year" concept to give secondary school students time to think about their futures. 128 cases were handled cumulatively.





### **Social Innovation and Youth Business**

The Social Innovation and Youth Business Unit incubates young entrepreneurs and social innovators through various incubation programmes and business support services. In the reporting year, the service unit served more than 20,000 guests and visitors, and organised more than 40 activities, including seminars, trainings, mentoring and networking events.

#### **Incubation**

From 2005, Youth Business Hong Kong (YBHK) has been supported by donors and foundations to offer one-stop services, including interest-free business loans up to HK\$150,000. Since its launch, YBHK has received nearly 2,000 business proposals and 203 were approved, receiving loans amounting to HK\$13,984,570.

Located near the Wong Chuk Hang MTR station, the HKFYG Jockey Club Social Innovation Centre was established in 2015. The centre occupies nearly 5,000 square feet of co-working space and business suites, as well as workrooms for capacity building and incubation programmes. This year, 56 tenants were stationed in the Centre and received incubation support from the Federation.

#### **Interconnection**

The service unit develops various activities and events that bring talents and professionals together to develop strong business networks, provides media exposure and connects different professional leaders and experts.

A business mentorship programme for young entrepreneurs gives them the opportunity to demonstrate their business profiles, ideas and state pain points. Groups of experienced and passionate business leaders and professionals match their strengths with the mentees' pain points, to provide effective solutions. This year, the service unit organised 10 Business Clinics to support startups from various fields and industries. Over 30 startups benefited from this programme.

As a strategic partner of HKTDC Entrepreneur Day (E Day) and HKTDC Electronics Fair, the service unit provided start-up information and related support services to more than 68,000 visitors at the event. For E Day, 16 supporting startups benefited with free exhibition booths. Two signature events were organised, the "Business Mentor Conference" and "Start-up Mixer", where over 50 professionals, experienced mentors and business leaders showed up and held exchanges with more than 200 young entrepreneurs.

Jointly organised by the Hong Kong Public Libraries and the Federation, six young entrepreneurs shared their start-up stories under "Social Innovation of Green Sustainability", explaining how they supported sustainability by social innovation to inspire others.

The service unit organised a "Summer School 2019 - Junior Entrepreneur for Social Innovation". The Summer School equipped 11 students from F.2 to F.4 with key skills needed. These included creative and entrepreneur mindset, data access and analysis, empathy and caring, presentation skills, team working and problem solving skills. It enhanced students' collaboration, communications and leadership skills.

The Hong Kong General Chamber of Young Entrepreneurs (HKGCYE) was founded by a group of enthusiastic and successful young entrepreneurs, supported by the Federation. HKGCYE has more than 300 members and has helped over 300 entrepreneurs set up over 150 businesses since 2015. The HKGCYE regularly organises seminars, networking events and visits to connect diverse industries and expand the network of young entrepreneurs.



## Social Enterprises

### Café 21

Café 21, situated at the Federation Headquarters building is managed and run by young people and provides quality food and beverages. Café 21 can also be made available for seminars, training and private parties. Café 21 is able to provide catering services to venue users of the Federation Headquarters building at a competitive price.

### PH3

PH3 is located on the third floor of a revitalized Grade III historic building on Lee Tung Street, Wan Chai. With three combined units and a terrace of 89 square metres, it is an ideal venue for private or company events, wedding ceremonies, small concerts, workshops or social gatherings. PH3 also tries to promote marriage traditions and other historical and cultural knowledge to the general public. PH3 also provides one-stop services for parties or events with all necessities provided by young entrepreneurs.

### Organic Farm

Established in 2010, The HKFYG Organic Farm celebrated its 10<sup>th</sup> anniversary in February. Unfortunately, due to the pandemic, farm visits were suspended and over 60 programmes were cancelled. However, produce could still be ordered online and more than 1,000 customers enjoyed this service.

Before the pandemic, a programme funded by the Agriculture, Fisheries and Conservation Department, and entitled, “Happy-in-Farm” was held for families to teach them about biodiversity. The ten day programme had a capacity of over 150 participants and, it turned out to be a much appreciated way for people to enjoy the outdoors.





### Hydroponic Farm

The Hydroponic Farm is also both a farm and education centre, focusing on producing diverse salad vegetables, Chinese vegetables, herbs, edible flowers and ornamental plants. Due to the pandemic situation, programmes and visits were all suspended. Visits by schools and families are expected after the relaxation of social distancing.

Two social enterprises had to close this year due to the completion of their leases.

### FAT CHOY

The purpose of FAT CHOY restaurant was to bring the Farm-to-Table experience to its customers. Most of the produce was sourced from the HKFYG Organic Farm, as well as other local farms. Dishes were therefore seasonal, promoting a low-carbon, delicious culinary experience. FAT CHOY also provided employment and on-the-job training opportunities to young people. FAT CHOY terminated its services on 31 October 2019.

### YB21

YB21 displayed, promoted and sold products designed and produced by local young entrepreneurs and designers. In addition, YB21 also provided employment and on-the-job training opportunities to youth who were interested in sales and marketing. The services of YB21 were terminated on 31 October 2019.



## Leadership Training

The HKFYG Leadership Institute is located on the premises of the former Fanling Magistracy with a new lodge for accommodation. During the pandemic, the Institute has maintained its first and foremost aim to support young people in their future leadership. In the reporting year, an attendance of over 31,000 was recorded with over 1,150,000 views at social media. The programme highlights are as follows:



### “Learn to LEAD” Online Learning Series

In collaboration with the HK200 Association, over 20 alumni and partners of the Institute were engaged to provide 28 online training sessions for students challenged by school suspensions. This achieved a total reach of over 213,000. A wide variety of topics were covered, including strategies on sitting for the DSE and a history of epidemics in Hong Kong.

### Moot Court Summer School 2020

Under the theme “How Justice Prevails”, more than 45 secondary school students from over 30 schools took part in the virtual Moot Court Summer School and tested their knowledge in a mooting competition. Supported by Human Rights Hub at The University of Hong Kong, Denis Chang’s Chambers, Mayer Brown, The Law Society of Hong Kong, Sweet & Maxwell and Westlaw Asia, participants were able to enhance their understanding of the rule of law and civic-mindedness.



### HSBC Future Skills Development Project

This Project enables young people to receive skills training from an early age to help them with future employability. Programmes were meticulously designed to enhance young people’s capacity due to the current uncertainties. Highlights include:

“Line to Take” – Speaking Studio Online Learning Series offered ten episodes of online communication training to 22 secondary and post-secondary schools and the public.

Financial Innovation Case Study involved almost 140 students from different universities to test their understanding of the financial industry by providing tech-solutions to enhance customers’ financial capacity.

Belt and Road Initiative – A Journey to Explore the Future provided 21 working young people the opportunity to travel to countries and regions along the Belt and Road, and explore topics of interest before the coronavirus travel restrictions. Tours included trips to Malaysia to understand Islamic Finance and to Bangladesh to become familiar with microfinance.

“Hong Kong 200” Leadership Project offered online preparatory courses to help applicants through the current challenges. Mr. Vincent Fung Hao-yin, Director, Hong Kong Economic and Trade Affairs, Wuhan, shared his adventurous leadership journey during the lockdown.





### HKFYG Jockey Club School of Global Leadership

The School offered a diversified range of programmes to engage youth to enhance global understanding and to instil a sense of global citizenship especially in these turbulent times.

**Global Speakers Online Programme - "TEA for All"** enabled young people to develop global leadership in a relaxing way, through having a cup of TEA - **T**ake advantage of emerging global challenges; **E**xplore self-leadership and opportunities through building networks; and **A**cquire global awareness to drive positive changes. Overseas speakers included, Mr. Savinda Ranathunga, Regional Youth Project Coordinator of United Nations Development Programme and Mr. Geoffrey See, General Manager, Head of Identity - Trusting Social, from Singapore.

**Leaders to Leaders 2019**, held before the coronavirus travel restrictions, brought global leaders from the USA and South Africa, including those recognised by 'Forbes 30 under 30' or other global awards, to meet young leaders in Hong Kong. They also engaged with the community in co-creating social projects, thus promoting cultural exchange.

**Midsummer Salon** guided over 50 students to explore the theme, "Health Equity", and "Good health and well-being", one of the United Nations' Sustainable Development Goals. This interactive online series involved experts from Hong Kong, the United Kingdom, Nepal and Nigeria, as well as the Institute of Health Equity at The Chinese University of Hong Kong. Professor Keiji Fukuda, Former Assistant Director-General of the WHO, and Professor Michael Marmot, Director of Institute of Health Equity, University College London were the distinguished speakers.

### Skills for Tomorrow Expo and The HKFYG Leadership Institute Open Day

The Institute arranged its Open Day, as part of the Skills for Tomorrow Expo, in late June 2020 to help the public relax and welcome the "new normal". Over 850 participants visited the Grade 3 Historic Building and experienced the essence of the skills for tomorrow through over 20 online and offline activities with speakers like Mr. Frankie Yip, Chief Manager (Corporate Communication) of Hospital Authority and Mr. Holden Yoon Seung Kim, Co-founder and CEO, Laboratory for Sustainable Development from Korea. Visitors also appreciated the heritage conservation curated by the ambassadors of Cultural Ambassador Programme, supported by American Express.

### Other Partnership

The Institute also joined hands with different organisations to enhance potential in young leaders. For instance, locally, commissioned programmes were provided by the Independent Commission against Corruption (ICAC) and Hong Kong Housing Society, to broaden young people's global perspective. Regionally, the HKFYG Leadership Institute developed a strategic partnership with Lee Kuan Yew School of Public Policy (LKYSPP) of the National University of Singapore to nurture Asia's next generation of public service leaders. The LKYSPP offers two full scholarships for their Masters programmes for candidates nominated by the Institute, thus increasing the world view and experiences of Hong Kong's young people.



## Volunteer Services

The Youth Volunteer Network (VNET) was established in 1998, with the aim of promoting youth volunteerism in Hong Kong. VNET makes every endeavour to instil the spirit of service in every generation, empowering youth volunteers to make a positive, innovative and sustainable impact. Over the past year, VNET received 14,520 new volunteer registrations, resulting in a total of 244,584 volunteers. This year, VNET registered volunteers contributed 751,958 service hours, and 1,398 volunteer training programmes were offered with 30,155 participants.



### Heart to Heart Project

For 15 years, the Federation has been carrying out the “Heart to Heart Project”. Including new partners, there are now 78 companies in the Project, with eight new schools, resulting in a total of 143 Heart to Heart schools. In view of the pandemic, all schools suspended their academic and extra-curricular activities and only 39 service projects were organised and completed by 33 schools. It is expected that the Heart to Heart service will once again be active when the situation changes.

### NEIGHBOURHOOD Teams

To promote a caring community, the Federation continues to carry out the “NEIGHBOURHOOD First” Campaign, which engaged over 1,700 youth volunteers to join the NEIGHBOURHOOD Teams in all 18 districts. Total attendance of service recipients amounted to 67,000. Some services were initiated by young people themselves in response to the pandemic and to show their support to those in need.

### Global Youth Service Day

To echo the Global Youth Service Day (GYSD) led by Youth Service America, VNET as the only representative from Hong Kong, together with organisations around the world, promotes volunteerism and service in schools. Over 3,000 students from primary schools to universities, participated in the “GYSD2019 - Volunteer Effects on Campus”.



### Volunteer Training

Apart from the 1,398 volunteer training programmes offered to 30,155 volunteers, there were some special programmes. These included the signature summer volunteer training camp run by VNET, “V-Studio”, which nurtured over 20 volunteer leaders who served as “V-engineers” throughout the year. Meanwhile, to promote youth volunteerism among schools, VNET toured partner schools in different districts, customising contents in the format of talks and workshops.

### EasyVolunteer.hk

Easyvolunteer.hk, the online volunteer matching platform, established in 2014, provides a free portal for organisations to source volunteers and manage their service records. Together with over 400 Service Opportunity Providers from non-profit organisations, charities and schools, a total of 550 new service opportunities were offered via the platform. The number of newly registered users annually reached 13,851. Regular Easy Volunteer workshops, regarding effective volunteer recruitment and management, were provided to schools and organisations.

### Easy Volunteer, Easy Tutoring

In response to the school suspension caused by the pandemic, “Easy Volunteer, Easy Tutoring” was launched timely in mid-February, aiming to lighten the seriously affected study progress of students.

This online service initiative gathered youth volunteer tutors to provide complimentary real-time online academic support to students. By the end of March, over 550 academic enquiries were solved online with the support of around 100 voluntary tutors. In addition, 25 online oral practices were offered to more than 100 DSE candidates.

### Awards

#### Volunteer Recognition

Five of the Federation's nominees, Ms. O Chak-fong, Ms. Leung Nga-suet, Ms. Lau Wing-kiu, Ms. Kwan Wing-yau and Ms. Poon Man-yuk, were selected to join the total of 20 awardees in the 2019-20 Hong Kong Outstanding Youth Volunteers Scheme organised by the Steering Committee on Promotion of Volunteer Service of the Social Welfare Department.

#### Public Recognition

With the contribution of over 227,500 volunteers in 2018, the Federation was ranked fourth in the territory-wide “Top 10 Highest Service Hours Award (Public Organisations)”. This was presented by the Steering Committee on the Promotion of Volunteer Service of the Social Welfare Department.





## Youth at Risk Services

The HKFYG Youth Crime Prevention Centre (YCPC) provided five categories of service, including prevention education; crisis intervention and professional assessments; counselling and treatment; multi-disciplinary collaboration, and advocacy. The focus areas remain youth crime and deviance, sex-related issues and drug abuse. There were 5,530 cases dealt with, and 777 programmes organised over the past year with a total attendance of 204,464.



### Prevention Education

There were 404,536 visits to the YCPC Youthlaw's online platforms (website, YouTube, Apps and Facebook), with 518 new downloads of the Youthlaw Apps. 59 prevention educational videos were posted on YCPC Youthlaw's online platforms, covering topics including, youth crime; cybercrime; risky sexual behaviour; drug abuse and trafficking; gambling, and youth mental health issues.

Topics covered in the 366 education workshops and programmes for youth, parents, teachers, social workers and police included, law-abiding values; cybercrime; awareness on self-protection and the consequences of risky sexual behaviour, as well as hidden drug abuse and drug trafficking. Up-to-date trends on cybercrime; youth crime and deviant behaviour; gambling; binge drinking; strengthening family communication and management and risk identification and professional counselling skills, were also covered.

### Crisis Intervention and Professional Assessments

Hotline services, with crisis intervention, dealing with crime, sex or drug related issues, were available at Hotline 81009669. YCPC assisted arrested youth, victims and suicidal cases during the social event in 2019, as well as their parents, by providing different services including emotional support, legal support, medical referral, arrested youth counselling service and outreaching service in police stations, hospitals and courts. Over 550 youths and their family members were served in this period. During the pandemic, YCPC also provided online counselling and support services for at-risk youth and their families.

Risk and Needs Assessment Tools for Strengthening Families were developed with City University of Hong Kong. This tool is adopted to assess families' needs and risks. Measures focus on family communication; family cohesion; parental supervision; parental involvement and child substance resistance.

Under **Project EVER**, over 3,400 youths aged between 10 and 29 were provided an identification service on drug behaviour. Under **Project E.Positive**, over 3,000 young people were involved in screening and identification exercises on mental health and deviant behaviour.

### Counselling and Treatment

Professional counsellors handled 3,872 cases that dealt with young people displaying criminal and deviant behaviour, including cybercrime; fraud; illegal jobs; drug trafficking; theft; sexual crimes; violence, and membership in triads and gangs. Counsellors also provided services for 334 young people with sex-related issues, along with 1,066 cases with drug related problems. Counselling for parents of juveniles and victims of crime was also provided.

With funding support from The Keswick Foundation, **Project iSmarter** provided risk assessments and counselling services to juvenile delinquents and victims. 158 cases were served in the past year. The project held the First International Conference on Youth and Cybercrime in June 2019.



**E.Positive**, an educational and counselling service, funded by The D.H. Chen Foundation, provided screening and identification, e-mental health, cognitive therapy and mindfulness training to support mental health among young people. The project served over 400 and screening and identification services were provided for over 3,000 youths this year.

**Youth! Don't gamble! Phase VI**, an educational scheme sponsored by the Ping Wo Fund, continues to provide gambling prevention work. Over 10,000 participants were served. An original music video, promoting an anti-gambling message, was produced.

Different sports training programmes continued to support at-risk youth by strengthening their positive thinking, resilience and enhancing positive lifestyles. Programmes included **The Wind**, Thai boxing training with emotional management, funded by K&K Charity Foundation; **Cycloid - Cycling Team** which was cycling training and **Positive Life Positive Run and Running My Life**, cross country and running training.

**Project LOVE SIM**, supported by the Tin Ka Ping Foundation, provided professional risk assessments; prevention education and counselling on risky behaviour especially related to the sex trade. This programme featured narrative therapy treatments, expressive art activities, interactive educational movies and card games and a localised risk assessment tool was developed. The project held a Seminar on the Intervention Strategies with Teenage Risky Sex this year as well.

With support from the Beat Drugs Fund, YGPC initiated three new projects in 2019. **Project CHOICE** was a community-based educational campaign to tackle cannabis use. **Healthy Transition** was a programme for substance abusers with mental health issues. **Project SEToff II**, which targeted young people at their places of work or online, provided them with health assessments, positive life goals development, career counselling and family support networks.

**Project Begin from Family** developed a *Strengthening Families Programme Training Manual*, which included five training modules for parents, children, teens and families. The Project served 136 families with over 1,000 training sessions to enhance family functioning and prevent young people from taking drugs and other substances.

### Advocacy and Service Development

Two books, *Turning Point IV* and *Youth and the Law II*, were published. The sixth Turning Point – Youth Improvement Award Ceremony was held on 22 June 2019. Eight young people were recognised for their efforts in turning their lives away from drugs, gangs and other criminal behaviour to become law abiding members of society. Dr the Hon. Lam Ching-choi, BBS, JP and Mr. Derek Lee Ho-Yin, President of Lions Club of Tsuen Wan were the Guests of Honour. Over 300 district leaders, school principals, professionals and parents joined the Ceremony.

The First International Conference on Youth and Cybercrime with round-table meetings, was held in 2019. The main theme of the conference was "Multi-Agency Partnerships in Youth Cybercrime Reduction". Keynote speakers included Professor David S Wall, University of Leeds; Professor Thomas J Holt, Michigan State University; Dr. Lennon Chang, Monash University; and Professor Dennis Wong, City University of Hong Kong. The conference was sponsored by The Keswick Foundation. Over 270 local and overseas professionals participated and shared the strategies on dealing with youth cybercrime issues.

YCPC colleagues joined the oral and paper presentation to share their professional practise on drug services at The National Drug Abuse Prevention Symposium 2019 and The International Conference on Change and Innovation for a Better World - The Future of Social Work Profession.

Project RADAR received the Top Ten of 2019 Best Practice Awards in Social Welfare. The Project is a territory-wide counselling and treatment service for hidden young drug abusers and former youth drug offenders aged 10 to 35. It provides training for teachers, parents and community partners to help identify problems and communicate better with youth involved in drug-related crime. The project started a new trial on Big Data Analytics this year in order to better understand and plan services on youth drug problems in the city. The findings will be published in the coming year.

### WL Residence (WLR)

The WLR provided short term residential services, including life coaching, life planning guidance and career skills training, for young adults aged between 18 and 24. 71 youth were served in the past year.

### The Way Forward

The main focus of YCPC in the coming year will be to develop and provide education focusing on self-discipline and the meaning of life. Counselling services will pay extra attention to issues including cybercrime; arrested youth; crime and mental health; hidden drug abuse problem and sexually deviant behaviours. Big data analytics and different innovation methods will be used in the services.





## Counselling Services

The Counselling Services consolidate the work of the School Social Work Unit, the Student Guidance Team, the Media Counselling Centre and the Wellness Mind Centre. Given the current unprecedented challenges, the service addresses different emotional health issues across the units and via different platforms.



### School Stationing Services

Over the last year, 22 primary schools and 19 kindergartens were served through the Student Guidance Team. A total of 1,201 developmental and prevention activities were organised for students, parents and teachers. 454 cases and 21,595 consultations related to emotion, family, behaviour and study issues were handled. Case supervisions, crisis support and professional training were also rendered to school social worker employed by primary schools. Nine schools with 11 school social workers were served.

School Stationing Services were provided for 35 secondary schools, of which 21 were served by the 12 Youth S.P.O.Ts and the other 14 by the School Social Work Unit. A total of 3,534 cases were handled, while 21,362 consultations and 6,256 programmes and group sessions took place in 2019-20.

During both the period of the social unrest and the pandemic, it was found that students were beset by anxiety and difficulties due to all the changes that they had to face. As a result, the School Social Work Unit began the HKFYG\_SSW Instagram Channel, to provide timely emotional support. In six months, more than 200 posts, videos and stories were published, with a total of 64,000 views.

Simultaneously, the school social workers reacted promptly and maintained active engagement with students through online counselling, online group work and workshops, all in hopes of maintaining a strong balance of body, mind and soul.

### Youth Emotional Health

The following services were offered under different categories:

#### Community Youth Wellness

**Project STEP**, supported by HSBC's 150<sup>th</sup> Anniversary Charity Programme, was initiated to promote emotional wellness and provide support to youth in need. A brand designed mobile truck, *HKFYG Moving Wellness*, visited over 120 locations, which included schools and different communities. The purpose was to encourage "wellness time", or a time for either being alone or with others, filling the moment with positivity and caring. An interactive educational theatre called "Click on your choice" was introduced to about 50 secondary schools teaching students how to handle their emotions. Under the Psychiatric Service Scheme and newly launched Chinese Medicine Service Scheme, immediate psychological assessment, psychiatric consultation and medication were provided for around 60 eligible youth.

#### Wellness for Youth School-based Programmes

Over the last year, young people had to face and cope with numerous and unprecedented challenges. With schools moving online, emotional problems among students become more common. To that end, the **Wellness for Youth school-based programmes** were conducted in 50 secondary schools, with a total of 385 talks, group sessions, workshops and mass programmes benefiting students, teachers and parents.





**Special Educational Needs (SEN)**

**Project COACH - Special Educational Needs (SEN) Student Supporting Scheme** provided SEN School Stationing Services, groups and individual training for SEN students and parents, particularly those with dyslexia, autism or hyperactive disorder. Apart from enhancing learning motivation, effective learning skills and resolving students' emotional and behavioural problems, the service also emphasised the connection of school and family to provide a better learning environment to students. There were 24 primary schools served with 2,524 training sessions. Due to the outbreak of COVID-19, 15% of service sessions were unable to be delivered to clients directly.

**Project NES** embraces the belief of maximising Special Education Needs (SEN) students' potential. Standing for **N**urture, **E**ngage, and let their talent **S**hine, the project kicked off this year with positive feedback from the over 400 attendees.

**Love Education**

The **Love and Sex Value Education Scheme**, sponsored by the Quality Education Fund since 2013, aims to cultivate positive values at interpersonal relationships. Over the last year, 219 programme sessions were provided to 1,839 students, teachers, parents and social workers from over 30 schools and units. To emphasise these values, a "Love and Sex Value Education Manual", "Value Card" and short videos were produced to help schools to launch love and sex education.

**Resilience Building**

The following were offered:

- **The Understanding Adolescent Project (Primary)** provided a wide range of programmes to Primary 4 to 6 students in 50 primary schools.
- **School-based After-School Learning and Support Programme** planned to provide 109 programme sessions as extra learning experiences to underprivileged students in six primary schools. Due to the pandemic, 80% of service sessions were cancelled.
- **Healthy School Projects**, supported by the Beat Drugs Fund, was organised in six secondary schools. A total of 122 programme sessions were delivered to over 3,134 students.

**Further Schooling**

**DSE@27771112**

One-stop services including talks and workshops, real-time online tutoring, online mock interviews, as well as practical information were provided to support DSE candidates. The "Real-time online tutoring project" was conducted during class suspensions to better prepare F.6 students for the HKDSE. Over 600 students and 70 prospective teachers participated. Altogether, there were 98 sessions of different programmes which saw the participation of 4,995 students and parents. Trained social workers and volunteers also offered immediate guidance and counselling through hotline and online platforms, handling a total of 4,234 hotline cases and 5,829 online cases.

**Life Planning Services for School Students**

**PLUS-Experiential Learning Series** is a learning package for school students which focuses on: Positive Values, Life Planning, Unique Experiences and Service Learning. A total of 603 programme sessions were provided to students and parents.





## Media Counselling

### Hotline Services

**Youthline 27778899** provided an immediate and convenient channel for young people to seek help or support on the phone. In the reporting period, 244,706 incoming calls were registered and a total number of 43,116 cases were handled. Problems relating to emotions, mental health, and schooling were the top three concerns.

### Online Counselling

**uTouch Cyber Youth Outreach Service** adopted a proactive approach to identify and engage youth at risk of social exclusion aged 6-24 through an online platform. Tailor-made follow up services including, online counselling, offline interviews, and community activities, were rendered. Media production, volunteer services, and online programmes were the means to re-engage online youth with the community. This year, 2,127 youth at risk were engaged and encouraged to participate. A total of 4,907 participated in both online and offline activities. Partnerships with other community stakeholders and organisations were also formed to foster cross-sectoral collaboration to address the needs of at-risk youth.

**Open Up** is an online text platform designed specifically to cater for the needs of youngsters experiencing emotional distress as a result of family issues, interpersonal relationships or academic stress. Supported by The Hong Kong Jockey Club Charities Trust, the Federation, together with the Hong Kong Jockey Club Centre for Suicide Research and Prevention of The University of Hong Kong and two other agencies began round-the-clock 24/7 counselling services to youth. From April 2019 to March 2020, 24,254 chat sessions were provided.

## Media Education

Sponsored by the Quality Education Fund, **Project NET** developed a comprehensive media literacy curriculum for school students. As of March 2020, 20 secondary and 35 primary schools were enrolled in the project, taking part in classes and workshops for students and teachers. 30 student teams competed in the Media Literacy Video Contest to promote ethical use of media in creative ways. A parallel service of digital parenting talks were also delivered to 150 parents. In this second year of the New Media Literacy Education Competition, 14 teams of teachers from primary and secondary schools participated.

## Counselling Support during the Protests

The disruption to daily life in Hong Kong during the protests, from June to November 2019, saw young people particularly affected emotionally. During this period, Youthline 27778899 and uTouch handled 743 cases related to social unrest, with ten percent of cases identified as those related to frustration, emotional instability, helplessness and hopelessness and, in some cases, suicidal ideation.

Counselling services had to therefore be strengthened by manpower and service hour extensions so as to offer instant and timely emotional support to youngsters.





## Education Services

The Federation continues to provide quality education through two non-profit making kindergartens-cum-nurseries; one non-profit making kindergarten; one aided primary school and one Direct Subsidy Scheme secondary school, as well as the Continuous Learning Centre, which seeks to encourage young people to pursue lifelong learning through less formal platforms.



### Pre-primary Education

#### Learning through Parent-child Play

Play is essential in children's development, and is both educational and affordable. To enhance parents' understanding of the benefits of play and to empower their abilities, teachers guided parents to design parent-child games using everyday items, such as towels, blankets, toilet rolls and clips. Parents' original ideas were consolidated into a series of three play guides, categorising their benefits to cognitive ability, fine motor skills and gross motor skills. More parent-child play improves mutual understanding and helps with emotional development.

#### Integrating Play in the Picture Book Approach

The kindergartens have been practicing Picture Book Approach since 2013, resulting in significant improvement in children's language ability, logical thinking and creativity. Taking children's learning to the next level, play was integrated into the Picture Book Approach this year. Play Books, that is, books with embedded games were read under the teachers' guidance. While reading, children interacted with the book and created their own story plots, stimulating their creativity and imagination.



#### Children's Well-being During Class Suspension

During the suspension of classes, children's well-being was a priority. Apart from providing school-based thematic learning materials and audio books to facilitate learning at home, teachers also wrote letters to show their care and support. Guidelines on home based fine motor skills and gross motion skills activities were provided to parents to ensure a balanced development even though confined at home. A picture book, *School Suspension*, was especially designed from a child's perspective to alleviate their fear of school suspension and the pandemic.



## Primary Education

This was a very unusual year with so much education disrupted. However, the HKFYG Lee Shau Kee Primary School is committed to the following:



### Innovative Curriculum

The innovative curriculum of the Primary School is aimed at nurturing self-directed learners. In class, students learn basic subject knowledge and develop generic skills, as well as positive attitudes by means of enjoyable and effective learning activities and tasks. After school, students spend their spare time reading, self-directed learning and doing physical exercise.

### Life Education

The School incorporated life education elements into the curriculum and activities to help students achieve balance in physical, psychological, intellectual, social and moral development. Morning and weekly assemblies, class and school activities with specific themes constitute the school-based life education curriculum.



### Young Maker

Young Maker is designed for Primary 4 to 6 students. All learning activities of Young Maker are problem-solving tasks based on problems from everyday life, the environment or the world. With the “learning by doing” approach, Young Maker provides a platform for students to further develop their critical thinking skills, communication skills and creativity.

However, this year, during class suspensions, both online live lessons and video clips were used to facilitate students’ learning at home. Teachers made use of a variety of learning platforms and apps such as QUIZZ, EDpuzzle, Google form and KAHOOT. This enabled teachers to assess students’ learning progress, and the assessment data helped teachers to focus on areas that students needed help most during the online live lessons. Since students were confined at home, PE teachers especially designed a series of stretching exercises and eye exercises to reduce the impact of increased screen time.





## Secondary Education

This was an especially challenging year for students given class suspensions during the pandemic.

### Learning and Teaching

The curriculum of HKFYG Lee Shau Kee College (HLC) continues to nurture leaders of tomorrow to serve the community by embodying what is called '3S': Self-directed Learning, Self-discipline and Self-efficacy. The College has made great efforts in broadening the curriculum, catering for students' learning needs. Literature in English and Visual Arts were introduced in senior curriculum. The College also has explored introducing Physical Education and Music as electives for HKDSE, as well as international curriculum (GCE A-Level).

Self-Directed Learning (SDL) was incorporated into daily learning. Students showed they were well-prepared before attending class with the help of guided learning plans. Teachers explored various e-learning strategies to assist self-directed learning. Moreover, as the sole partner with The University of Hong Kong in MOOC (Mass Open Online Courses), students were encouraged to pursue courses from worldwide universities at their own pace. The MOOC mentorship programme was shortlisted The Reimagine Education Awards 2019 in London, which was hailed as the "Oscars" of Education, and HLC was the very first secondary school in Hong Kong entering the final round of this competition.

Since students were familiar with SDL, it was relatively smooth to arrange e-learning at home during the class suspensions. Five online live lessons were arranged every Monday to Friday to supplement students' e-learning. The curriculum was not affected much during the epidemic.

Students continued to excel in speech and the S4 students were awarded the champion in the Putonghua Choral Speaking Competition in the 71<sup>st</sup> Hong Kong Schools Speech Festival.

### Student Development

Working groups in the Student Affairs Committee collaborated closely to promote positive education by "Wisdom in Action (WIA) Programme". Various activities enhanced life skills and proper values. HLC focused on "Caring for others" this year, and the involvement of Form Teachers in WIA lessons, thematic learning weeks, service learning and the '3S' award programme provided diversified learning experiences to nurture students' whole-person development.



In order to strengthen the resilience of students, other than gaining external support from Clinical Psychologist, Educational Psychologist and Speech Therapist, an extra School Social Worker and Student Counsellor joined the team and provided timely support for those in need. Online support, such as group training and individual counselling services, were continuously provided during the school suspension period. Furthermore, systemic life planning education for different levels was set up in order to facilitate students explore the meaning of life. Students were guided to set personal goals and plans for their career pathway. Through joining the Buddy programme, HLC worked collaboratively with New World Development Company Limited to provide a wide range of careers related activities and broaden students' horizons.

To nurture Leaders of Tomorrow, HLC gave high autonomy to students to organise and lead programme activities. Extracurricular activities, Form committees, Ambassadors Schemes, House committees, Prefects and Students' Union not only nurtured students' leadership skills, but also provided platforms for students to show their talents. HLC also collaborated with The HKFYG Leadership Institute to increase students' awareness of the global issues by inviting global leaders to share with the students.

HLC will continue to actualise its vision to provide the best nurturing opportunities that unleash students' potential, inspire excellence and cultivate lifelong learners and leaders of tomorrow.



### Continuous Learning

Affected by the social unrest and the pandemic, planned programmes were very much disrupted throughout this past year. The Continuous Learning Centre (CLC) has been striving to enhance talent training by organising a great variety of professional programmes. This year, CLC has made a concerted effort in offering courses in emotional support, health care, and career-related training series, including courses in mediation, counselling, paramedic, building inspection, floral arrangement, STEM tutors' training, and playgroup tutors' training. In order to minimise the risk of people congregating during the outbreak, CLC adopted the Zoom online teaching mode to facilitate students' learning.

Five programmes were accredited by the Hong Kong Council for Accreditation of Academic and Vocational Qualifications. They were, Mediation Training, Playgroup Tutors' Training, Music Tutors' Training, and Clinic Assistants' Training. These courses are included in the list of reimbursable courses under the Continuing Education Fund (CEF). Speech and Language Training accredited by Training Qualifications UK and Professional Florist Training accredited by the Korean Beauty and Health License Association proved to be immensely popular courses.

2019 marks the 10<sup>th</sup> anniversary of the collaboration between CLC and The Xu Beihong Arts Committee. Apart from organising classes in Diploma in Visual Arts Education with Renmin University of China, CLC also successfully organised the Xu Beihong Cup which is given at the International Youth and Children Art Competition. The award ceremony also included an exhibition of prize-winning artwork.

HKFYG Living Life Academy (LLA) is keen on coordinating courses developed by and, offering administrative support to all Youth S.P.O.Ts and professional units. Aimed at promoting the pleasure of living and fun in learning, LLA continued to manage online course platforms and *Learning Magazine*. This year, two issues of *Learning Magazine* were published, featuring eye-catching stories and columns on professional knowledge and the latest trends in different industries.

Supported by the Social Welfare Development Fund and in collaboration with Youth S.P.O.Ts and Parent Support Network, LLA is now conducting two research projects on "Youth's Online Learning Experiences and Willingness" and "Youth's Conflict Resolution and Their Understanding of the Willingness for Mediation" respectively. The research outcome is expected to provide valuable references for youth workers and schools to plan the strategies in teaching and counselling. Furthermore, LLA launched an online platform "E+ Learning" to encourage young learners to build up their learning profiles. This user-friendly platform assisted users in preparing systematic e-learning resume, so as to allow young learners to have a clearer orientation in their personal growth via continuous learning, thus developing significant and meaningful academic and career paths.



## Parenting Services

The Parent Support Network (PSN) and the Family Life Education Units (FLE) provided both internet and community based services, which included Parent-child Mediation Services, Educational Talks, Workshops, Self-Learning Groups and Family Activities for parents and children, as well as continuous learning and mutual support.



### Service Highlights

#### Parental and Family Education Programmes

Since 2018, the Parental Education Curriculum, consisting of the following topics: Nurturing Children; Strengthening Parent-child Relationships and Handling Parent-child Conflicts, has been offered. The Unit organised 350 Parental and Family Life Education Programmes, with a total of 27,863 service attendance.

#### Website for Parent Support Network (psn.hkfyg.hk)

Professionals were invited to share their expertise and experience on parenting and related issues online. Useful information, videos and articles were uploaded daily on social and public media platforms. Parents were also encouraged to participate in online groups, workshops or via messages. PSN had a record of 271,494 views on all online platforms this year.

#### Parent-child Mediation Service

Both online and district based mediation and related case services were provided to help handle parent-child conflicts for a total of 1,046 service attendance.

#### Responding to the Protests Parental Talks Series

Since July 2019, and in response to the protests, PSN has organised series of Parental Talks. Themes focused on "How to provide emotional support to their children" and "Effective

parent-child communication". There was an attendance of more than 1,000 parents, with a parental brochure was published with more than 20,000 delivered to parents.

#### Parental E-learning Services

The COVID-19 pandemic affected many face to face services. This meant going on online especially for parental e-learning workshops and sharing groups which were organised from March 2020. Subjects included Parental Education, Interest Development and Parent-Child Activities, with more than 200 persons were served.

### Collaborative Programmes

#### Parental Education Talks Series

For the second year, the Hong Kong Institute of Construction (HKIC) joined as co-organiser for a talk on how to "Support children to build the future". Dr. Alman Chan Siu-cheuk, Principle of Christian Zheng Sheng College, shared parenting experiences and the strategies to face the future. More than 150 parents attended the talk.

#### Jockey Club FamConnect Project

To promote family harmony, PSN co-organised with the HKCSS Jockey Club FamConnect Project for a series of activities, including a visit to Noah's Ark, Latte-art and Cooking Workshops. Over 300 parents and their children participated.

### Publications

#### Parenting Knot-Nots

*Parenting Knot-Nots* was published, which included 30 negative phrases usually used by parents to their children. These phrases were categorised according to type of impact, which included manipulation, insults, emotional abuse and intimidation. The message of the book to parents was to be wary and stay positive.

#### Survey: The relationship between COVID-19 and Parental Stress

This survey was conducted in February to March 2020, with more than 220 parents taking part. Over 60% of respondents indicated that they were suffering from high levels of stress, while over 70% indicated that they were having negative emotions including depressed moods, helplessness and worry. The findings of the Survey provided emotional and knowledge support to the parents to combat their stress.

## Creativity Education and Youth Exchange



### STEM (Science, Technology, Engineering and Mathematics) Education

The HKFYG Centre for Creative Science and Technology (CCST) was established to provide hands-on exploratory science education and experiential learning for students and teachers. With the support of the Innovation and Technology Commission and the Hong Kong Science and Technology Parks Corporation, over 390 programmes were organised for more than 34,000 participants in 2019-20. In spite of the pandemic, 28 online workshop sessions were organised to facilitate STEM learning of 2,000 participants during the school suspension.

A user-centric design approach was adopted and tailor-made programmes were organised, in order to meet various needs of students in different age groups.

These included, the **Seed Project**, targeting gifted primary school students; the **1+1 Tip-top Talent Training Scheme** for secondary school students, and the **Innovation and Technology Scholarship Award Scheme** for elite university students. These programmes promoted both academic interest and laid the foundation for possible future careers.

34 tertiary students passed the first cohort of the **LEAD Engineer Training Scheme**. The participants received comprehensive training, including design in STEM Workshops; how to address the needs of SEN students; learning about emerging technologies in education; practicum sessions and how to make assessments. These students can now pass on their knowledge of quality STEM Education.

### STEM Competitions

The Federation also organised the following events:

The **Hong Kong Student Science Project Competition (SSPC)** attracted almost 900 students from 75 secondary schools from ten different countries and regions, forming 231 teams to compete in various science-related events. The Competition is jointly organised by the Federation, the Education Bureau and the Hong Kong Science Museum, with sponsorship from the Innovation and Technology Commission and the Hong Kong Science and Technology Parks Corporation.

The **GreenMech Contest** attracted more than 360 students and teachers from 63 schools forming teams to participate. Through designing and building contraptions with different energy exchange mechanics, the Contest enhances youngsters' knowledge and application of different science principles and green energy concepts.

Over 250 students and teachers from 42 primary and secondary schools competed in the **Creative Coder Competition**. Students learnt about coding; built an interactive installation and built games with creative thinking and problem solving skills.

About 400 students and teachers from 43 schools participated in the **2019 Hong Kong 4D Frame Maths and Science Creativity Competition**. Their creativity and spatial thinking skills were fostered through structural design and a mission challenge.





Winning teams received further training from the Creative Education Unit, and the young winners then participated in international competitions with the support of the Federation, to compete and network with their peers from all around the world. Thirteen GreenMech winning teams took part in the **2019 World GreenMech Contest**, where two Hong Kong teams won Gold Medals in their respective divisions.

The Youth Exchange Unit organises experiential study tours focusing on different themes to the Mainland and overseas, which help shape a deeper understanding of the country, and develop a global perspective. This year they undertook:

**The Mainland China Trip – Youth Speed Rail and Guangdong-Hong Kong-Macao Greater Bay Area**

The “Youth Speed Rail” trip took 200 young people from Hong Kong West Kowloon Station to Guangzhou and Wuhan, to experience high-speed, convenient and comfortable rail travel. In addition, nearly 160 youth visited cities in the Greater Bay Area, including Shenzhen, Zhuhai, Zhongshan, Dongguan, Jiangmen, Foshan and Guangzhou, to learn about innovation and technology, history, culture, lifestyle and tourism development.

**Overseas Trip – Multiple Learning Experience Tour**

The Youth Exchange Unit arranged 200 young people to visit the United Kingdom, Australia, Russia, Kazakhstan, South Korea and Singapore during the reporting period. By joining the exchange programmes, the youth were able to improve their language skills, understand local history and culture, improve their STEM knowledge and learn more about the Belt and Road initiative.



**YDC Youth Ambassadors Programme**

Commissioned by the Home Affairs Bureau and Youth Development Commission (YDC), the Youth Exchange Unit recruited and trained 100 YDC Youth Ambassadors. A series of training programmes and training camps, thematic seminars and overseas exchanges were provided to the selected Ambassadors. The Unit accompanied some groups to Beijing, Italy, Ireland, South Korea and Singapore for in-depth exchange and learning.



**Hong Kong Young Ambassador Scheme**

The Hong Kong Young Ambassador Scheme jointly organised by the Tourism Commission and the Federation, nurtures young people as Ambassadors to promote Hong Kong’s hospitable culture and diverse tourism appeal to visitors from around the world. Already in its 19<sup>th</sup> year, the Scheme appointed 261 new Ambassadors who underwent a series of core skills training. Their duties over the year included: stationing service at 13 local tourist attractions; organising 15 promotional activities; participating in 11 tourism promotional events; and 23 “Walking with Locals” activities. The Ambassadors received six advanced training sessions which enhanced their service skills during the term of service. The training includes visits, best practice sharing sessions led by prestigious companies.

The Scheme also recruited 55 secondary school students to join a “YA Buddy” Programme to promote a hospitality culture in the community together with the Ambassadors this year.

## Leisure, Cultural and Sports Services

The Federation continues to provide platforms to engage young people and nurture their artistic talents as well as physical fitness in outdoor pursuits.



### FYG Jockey Club Youth Arts Education Programme

Sponsored by The Hong Kong Jockey Club Charities Trust, “FYG Jockey Club Youth Arts Education Programme” was held from August 2019 to August 2021. The purpose was to cheer young people up through the arts and give them the opportunity to face and overcome challenges positively. Over 6,000 students were engaged in the Art Workshop. It is hoped that a feast will be staged at the Great Lawn of the WKCD in April 2021.



### a Cappella Services

The Cultural Services Unit provided a *cappella* training at different levels in schools, organisations and for corporates. Support was also given for a *cappella* concerts of various kinds. In August 2019, Groundbreaker of The Hong Kong Melody Makers represented Hong Kong at the Asian Cup a Cappella Competition, part of the 2019 Vocal Asia Festival in Takamatsu, Japan.



### My Stage – Youth Creative Arts Festival 2019

Through the Home Affairs Bureau and Youth Development Commission's Large-scale Youth Programme Funding Scheme, the “My Stage – Youth Creative Arts Festival” was held from September 2019 to August 2021. Platforms were provided for young people to show off their artistic talents through dance, percussion, bands and a *cappella*.



### Jockey Club Sai Kung Outdoor Training Camp

In order to help young people develop skills in different sports, new activities were introduced, such as Floor Curling, Mölkky and Practical Shooting. The first round of the International Practical Shooting Confederation Non-government Organization League 2019-20 took place at the Camp in January 2020 and 127 participants joined in the competition.

An Open Day was organised for schools and families to experience adventure activities such as tenting, eco tours and Mölkky. Over 300 persons spent a pleasurable day at the Camp and enjoyed the activities.

As a result of the pandemic, the Camp could only serve 136,121 campers and 1,903 groups this year.

### Lamma Youth Camp

Upon completion of the multi-purpose outdoor activities wooden platform, a wide variety of themed programmes were promoted in 2019-20. A Chinese traditional archery interest group was formed. Members were responsible for organising activities such as training courses, tournaments, fun days and open days. They also took part in the International Traditional Archery Tournament and the Archery Festival held in Qinghai, China and Yecheon, Korea.

Besides, the Camp also put much effort in the promotion and development of eco-tour and nature education programmes. With a 24-hour CCTV system installed in the tree frog pond, campers could observe and understand more about Romer's tree frogs, without disturbing the habitat of them. At the same time, a series of related programmes were launched for the public.





### Tai Mei Tuk Outdoor Activities Centre

Located near the main dam of Plover Cove where the surrounding sea is relatively calm and geographically protected by surrounding mountains, the Tai Mei Tuk Outdoor Activities Centre is an ideal venue for holding water sports training and activities. The annual attendance was 7,873, which decreased slightly this year as a result of the social unrest and pandemic.

Although the effects of the pandemic were inevitable, the Centre made use of the lockdown period to carry out major repair and maintenance works. With funding from the Leisure and Cultural Services Department, renovation work on the boat house was completed and instructors were trained for stand up paddle polo.

### Stanley Outdoor Activities Centre

With a very generous grant from The Hong Kong Jockey Club Charities Trust, the centre underwent redevelopment into a holiday camp. The foundation works were completed in June 2019, followed by superstructure works the next month. The redevelopment is expected to be completed by the end of 2020 and will reopen to the public in early 2021. By then, not only aquatic activities, but also a wide variety of experiential-learning based programmes will be launched, through which youth can gain more knowledge on the unique culture and history of local communities in the South District.



## Research and Publications

New thinking, new inspiration and new perceptions are emerging from the new developments in information technology. Research work to generate evidence, and develop an analytical base, is imperative when it comes to understanding the needs and situation of today's young people in this ever-changing era.

Over the past 27 years, The HKFYG Youth Research Centre (YRC) has been striving for the betterment of young people, by conducting extensive evidence-based researches and timely analyses on challenges, concerns and needs of the young people.



### Youth I.D.E.A.S.

The Federation established Youth I.D.E.A.S. in 2015. As a local youth think tank, Youth I.D.E.A.S. conducts evidence-based research for policy advocacy. Over the past four years, it has completed 48 research projects and has communicated actively with policymakers and different sectors of society.

The new term (2020-22) of Youth I.D.E.A.S. comprises more than 80 young professionals, entrepreneurs and post-secondary school students, with eight academics and experts as advisers. With the support of the HKFYG Youth Research Centre, Youth I.D.E.A.S. will conduct research on a regular basis in the areas of (1) Economic Development, (2) Governance, (3) Education, and (4) Livelihood.

Last year's reports are as follows:

Publication Date	Serial Number	Topic
August 2019	YI044	Co-Living: An Alternative Hong Kong Housing Solution for Youth?
September 2019	YI045	Strengthening the Role and Functions of District Councils
September 2019	YI046	Improving Financial Education for Young People
October 2019	YI047	Enriching the Experiences of Working Youth through Overseas Exposures
December 2019	YI048	Strengthening Intergenerational Understanding
April 2020	YI049	Improving Governance by Maximising Effectiveness of Social Media
July 2020	YI050	Enhancing Support for e-Learning in Schools
July 2020	YI051	Facilitating Young People's Access to Financial Services through Virtual Banking







**Youth Trends in Hong Kong**

*Youth Trends in Hong Kong* is a series which provides an integrated view on the different features of Hong Kong Youth by collating the most recent research findings and major statistics on youth. The publication includes the latest survey results on youth values and give suggestions for future youth development. This series serves as useful resources for people who are interested in issues related to young people to have a comprehensive picture of Hong Kong youth today.

Publication Date	Title
July 2019	Youth Trends in Hong Kong 2018

**Journal of Youth Studies**

*The Journal of Youth Studies* provides a forum for professional discussion on youth topics, in order to advocate for better legislation and policy enactment for youth services. The Journal is circulated to government departments, policy-makers, educational institutes, social service organisations, youth academics and experts, as well as university libraries in Hong Kong, Mainland China, Taiwan, Macao, Singapore and other countries. The Journal is also indexed in international databases, including the PsycINFO and EBSCOhost.

Publication Date	Serial Number	Features
July 2018	42	The Greater Bay Area Initiative and Its Opportunities





### Professional Publications

The Federation published 11 professional and leisure books. They are:

1. *Youth and the Law II – Cases Analyzed by Lawyers and Social Workers*
2. *Turning Point IV*
3. *Stress Relief*
4. *Parenting Knot-Nots*
5. *From Local to Global - Leading Changes*
6. *Storypicks*
7. *Youth Trends in Hong Kong 2018*
8. *Good Morning, Island*
9. *Funny Days*
10. *Shutter Clicks*
11. *GBA: Not Far Away*

The Federation participated in the Hong Kong Book Fair 2019 and was supported by the general public. Readers can also acquire books through the HKFYG online Book Shop ([books.hkfyg.org.hk](http://books.hkfyg.org.hk)).

Workshops and trainings were also conducted to nurture the publication talents among young people. 30 tertiary students were selected to be part of the *Youth S.P.O.T.* magazine production team, while secondary school students were engaged through summer training.





### Youth Hong Kong

The English quarterly journal covers different topics related to young people. Topics covered include, Future Skills, opportunities in the Greater Bay area, bullying and caring about neighbours. With Chinese summaries for the major articles, the magazine helps readers learn more about the topic through interviews, analytical articles and statistics. With a circulation of 11,000, locally and overseas, contributions from partners, educators, social workers, professional and young people are welcome.

Please visit [youthhongkong.hkfyg.org.hk](http://youthhongkong.hkfyg.org.hk) for online version.

### Youth S.P.O.T.

The Chinese bi-monthly magazine with the circulation of 35,000 is aimed at young people with topics covering their life-style and thoughts. Young writers writing for young people is the purpose of the magazine.

Please read online via [youthspot.hkfyg.org.hk](http://youthspot.hkfyg.org.hk).



### SCOLAR Sponsored Programmes

To promote reading and writing among young people, and sponsored by the Standing Committee on Language Education and Research (SCOLAR), two large-scale writing programmes were organised:

#### Creative Writing Competition

For the school category, 61 students (16 teams) from P4 to P6 and from S1 to S3 enjoyed the fun of creative writing. With the support of the sponsor and guest trainers, all training sessions were conducted online.

#### School Writers Competition

Out of 160 applicants, 55 were selected and trained to be school writers. They were also trained online and the winner will be able to turn his/her draft into a book published with other HKFYG publications this year.

